

Daily Schedule

Sunday, February 1, 2026

Wake Up



🕒 9:00 AM ⌚ 30 min 🪙 5 tokens

Good Morning sunshine

Brush Teeth



🕒 9:15 AM ⌚ 5 min 🪙 6 tokens

clean clean clean

Breakfast



🕒 9:30 AM ⌚ 15 min 🪙 7 tokens

Yummy

Puzzle Time



🕒 10:10 AM ⌚ 30 min 🪙 5 tokens

you can do it

Silly living-room dancing



🕒 10:40 AM ⌚ 20 min 🪙 6 tokens

Dance party movement break

Lunch



🕒 11:25 AM ⌚ 45 min 🪙 5 tokens

Yum Yum

Meditation



🕒 12:10 PM ⌚ 15 min 🪙 4 tokens

Quiet time

Nap Time



🕒 12:25 PM ⌚ 1 hr 🪙 3 tokens

Rest

creating a Social Story



🕒 1:25 PM ⌚ 30 min 🪙 6 tokens

let's get inspired

generating Flash Cards



🕒 1:40 PM ⌚ 30 min 🪙 7 tokens

let's create something amazing

pillow fort



🕒 2:10 PM ⌚ 30 min 🪙 5 tokens

snuggle and read a book

Family Time



🕒 2:40 PM ⌚ 1 hr 🪙 8 tokens

snack break



🕒 3:40 PM ⌚ 15 min 🪙 10 tokens

Reward for being a good boy

Music Session



🕒 5:10 PM ⌚ 30 min

House Chores



🕒 5:40 PM ⌚ 30 min

clean up the mess you made

movie and popcorn



🕒 6:10 PM ⌚ 1 hr 30 min

Take a Shower



🕒 7:40 PM ⌚ 30 min

Brush Teeth



🕒 8:10 PM ⌚ 30 min

Sleep



🕒 8:40 PM ⌚ 30 min